### Incorporating behaviour into infectious disease models: Challenges and Questions

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### **JUNIPER Partnership**

JUNIPER is a collaborative network of researchers from across the UK who work at the interface between mathematical modelling, infectious disease control and public health policy.

#### Who we are

JUNIPER is a partnership that connects epidemic modellers across the country with the aims of building capacity and capability for the UK's epidemiological modelling. A key long-term aim is to ensure that we are better prepared and more resilient to future infectious disease threats, so our research covers a range of infectious diseases that are important regionally, nationally and internationally, as well as supporting underpinning research for strengthening infectious disease modelling.



#### JUNIPER website



https://maths.org/juniper



### The ultimate challenge?



Unifying theoretical frameworks from behavioural science and infectious disease dynamics.

- **1.** Scenario modelling Intervention engagement
- 2. Scenario modelling Contact rates & mobility
- **3. Models with behavioural feedback**
- 4. Challenge areas

### **1.** Scenario modelling – Intervention engagement

- a) Vaccine acceptability
- b) NPIs in enclosed settings
- c) Adherence
- 2. Scenario modelling Contact rates & mobility
- **3. Models with behavioural feedback**
- 4. Challenge areas

## (1A) Vaccine acceptability

#### 

For simplicity, we assumed 70% vaccine uptake across all age-groups based on what has been obtainable for vaccines targeting other infections, such as within elder age groups and healthcare workers for the UK seasonal influenza vaccination programme [46]. In practice,



Is it reasonable to "repurpose" intervention response data?

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# (1B) NPIs in enclosed settings

Article | Open Access | Published: 17 August 2021

High COVID-19 transmission potential associated with re-opening universities can be mitigated with layered interventions

Ellen Brooks-Pollock , Hannah Christensen, Adam Trickey, Gibran Hemani, Emily Nixon, Amy C. Thomas, Katy Turner, Adam Finn, Matt Hickman, Caroline Relton & Leon Danon

 Nature Communications
 12, Article number: 5017 (2021)
 Cite this article

 8258
 Accesses
 6
 Citations
 103
 Altmetric
 Metrics





C. Whitfield & I. Hall. Social Care Working Group chairs summary of role of shielding. (Annex A) <u>https://assets.publishing.service.gov.uk/government/uploads/s</u> <u>ystem/uploads/attachment\_data/file/1043615/S1453\_SCWG</u> <u>chairs\_summary\_of\_role\_of\_shielding.pdf</u>

#### Impact of heterogeneity & what level of detail to include?

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## (1C) Adherence

**Figure:** Percentage of people who reported requesting a test after developing COVID-19 symptoms and who reported intending to request a test if they were to develop COVID-19 symptoms.



Reproduced from Smith LE et al. (2021) Adherence to the test, trace, and isolate system in the UK: results from 37 nationally representative surveys. *BMJ*. 372; n608.

### How to reconcile intended behaviour vs actual behaviour?

### **1. Scenario modelling – Intervention engagement**

- 2. Scenario modelling Contact rates & mobility
  - a) Roadmap
  - b) Voluntary risk mitigation
- **3. Models with behavioural feedback**
- 4. Challenege areas

## (2A) Roadmap modelling



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## (2A) Roadmap modelling



How to account for uncertainty in behavioural response in the face of changing restrictions and changing risk?

## (2B) Voluntary risk mitigation



Fig. 1: Changes in the inferred precautionary behaviour from April 2020 to December 2021 (top panel), together with the resultant changes to R excluding immunity for the three main variants (lower panel). Vertical lines indicate the time of key changes to the control measures, while the top bar specifies the dominant variant over time. From May 2021 onwards, we have inferred two levels of precautionary behaviour applying to younger (under 40) and older (over 65) individuals, with those between 40 and 65 scaling between the two.

# Do we have the means to parameterise behaviour change attributable to policy vs voluntary action?

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- **1. Scenario modelling Intervention engagement**
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### (3) Models with behavioural feedback



Schematic by Flavio Toxvaerd

# Can these processes be realistically characterised by a unified behavioural science and infectious disease modelling framework?

### (3) Feedback example: Disease awareness

В

#### PLOS MEDICINE

🔓 OPEN ACCESS 🖻 PEER-REVIEWED

RESEARCH ARTICLE

#### Impact of self-imposed prevention measures and shortterm government-imposed social distancing on mitigating and delaying a COVID-19 epidemic: A modelling study

Alexandra Teslya 🔯 🖾, Thi Mui Pham 🔯, Noortje G. Godijk 🤯, Mirjam E. Kretzschmar, Martin C. J. Bootsma, Ganna Rozhnova

Published: July 21, 2020 • https://doi.org/10.1371/journal.pmed.1003166

**Citation:** Teslya A, Pham TM, Godijk NG, Kretzschmar ME, Bootsma MCJ, Rozhnova G (2020) Impact of self-imposed prevention measures and short-term government-imposed social distancing on mitigating and delaying a COVID-19 epidemic: A modelling study. PLoS Med 17(7): e1003166. https://doi.org/10.1371/journal.pmed.1003166

#### A Infection dynamics



#### Awareness dynamics



- **1. Scenario modelling Intervention engagement**
- 2. Scenario modelling Contact rates & mobility
- **3. Models with behavioural feedback**

### 4. Challenge areas

- a) Data
- b) Modelling approaches
- c) Communication & informing policy

### **Challenges areas**



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## (4A) Challenge area: Data

- Data collection "Striking a balance"
- Pipelines to synthesise a range of data sources
- Format and accessibility
- What already exists that could be used/repurposed/tweaked that would be informative?





### (4B) Challenge area: Modelling approaches

- Should behaviour always be included in models?
- > A checklist for constructing an interdisciplinary model?
- Building the team that has the expertise across research disciplines
- Having flexible frameworks to cater for future challenges, when we do not even know what those challenges may be...





### (4C) Challenge area: Communication & informing policy

Objective matters, Perspective matters

> What is the end game in the face of uncertainty?

Role of the public in the research process – Public Involvement

> Communicating findings to different audiences





### INI satellite programme: Maths of human behaviour

### Why?

- > Inability to forecast behaviour limits predictive power of epidemic models.
- > Behaviour important driver of dynamics in other fields (e.g. energy systems).
- > Need for a new interdisciplinary field akin to mathematical biology?

#### Details?

- 4-week programme, July/August 2026
- Venue: School of Mathematical Sciences, University of Nottingham
- Participants spanning behavioural sciences, complex systems, statistics, data science, epidemic and energy systems modelling.

### Who?



Kirsty Bolton (Nottingham)

Ellen Zapata-Webborn (UCL)

Matt Ryan (CSIRO)



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### **Challenges and Questions**

Is it reasonable to "repurpose" intervention response data?

Impact of heterogeneity & what level of detail to include?

How to reconcile intended behaviour vs actual behaviour?

How to account for uncertainty in behavioural response in the face of changing restrictions and changing risk?

Do we have the means to parameterise behaviour change attributable to policy vs voluntary action?

Unifying theoretical frameworks from behavioural science and infectious disease dynamics – The ultimate challenge?



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