

MODELLING SYMPTOM PROPAGATION IN PATHOGENS INFECTING VIA THE RESPIRATORY TRACT

Ed Hill

Civic Health Innovation Labs (CHIL), University of Liverpool

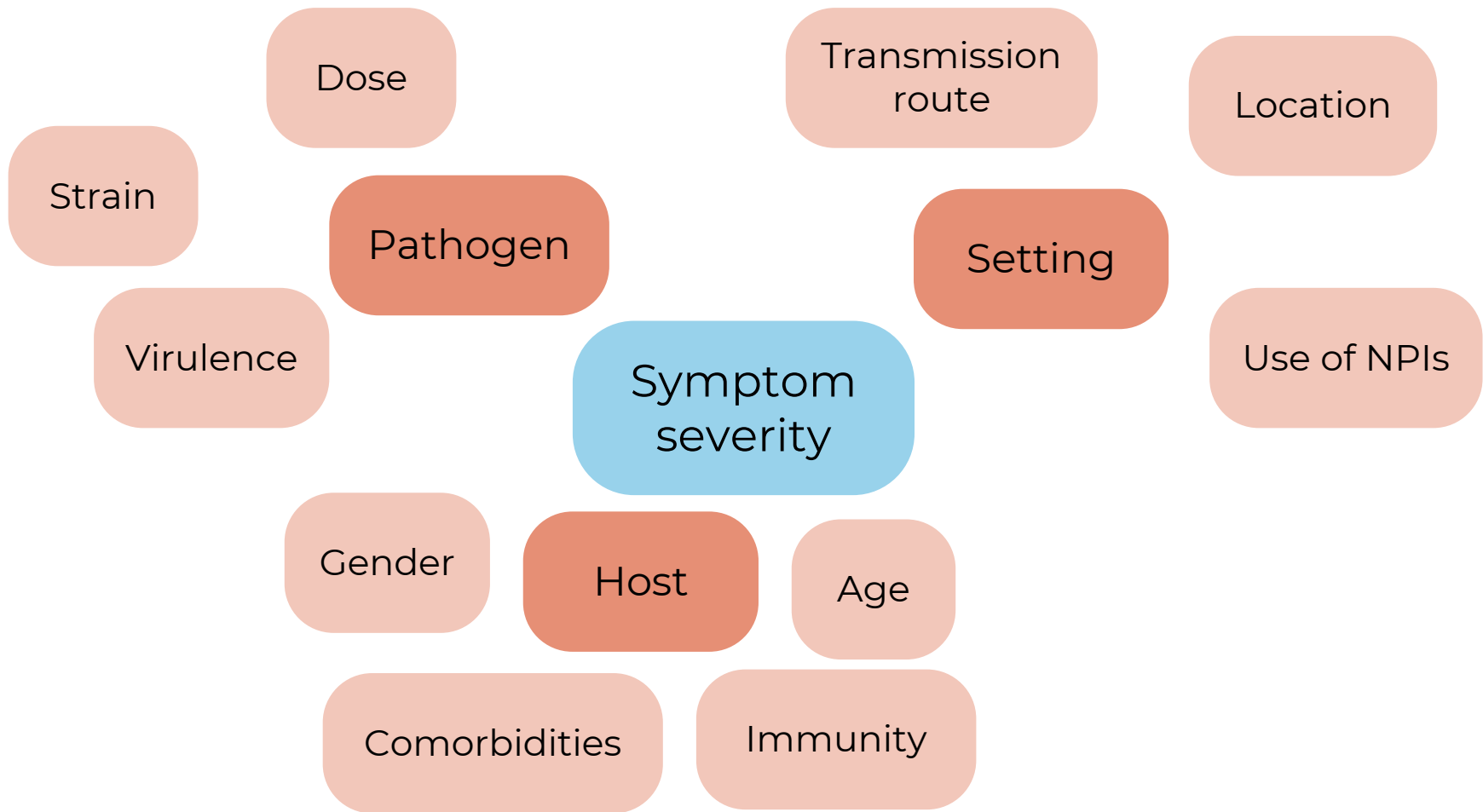
Member of JUNIPER Partnership (Joint Universities Pandemic &
Epidemiological Research)

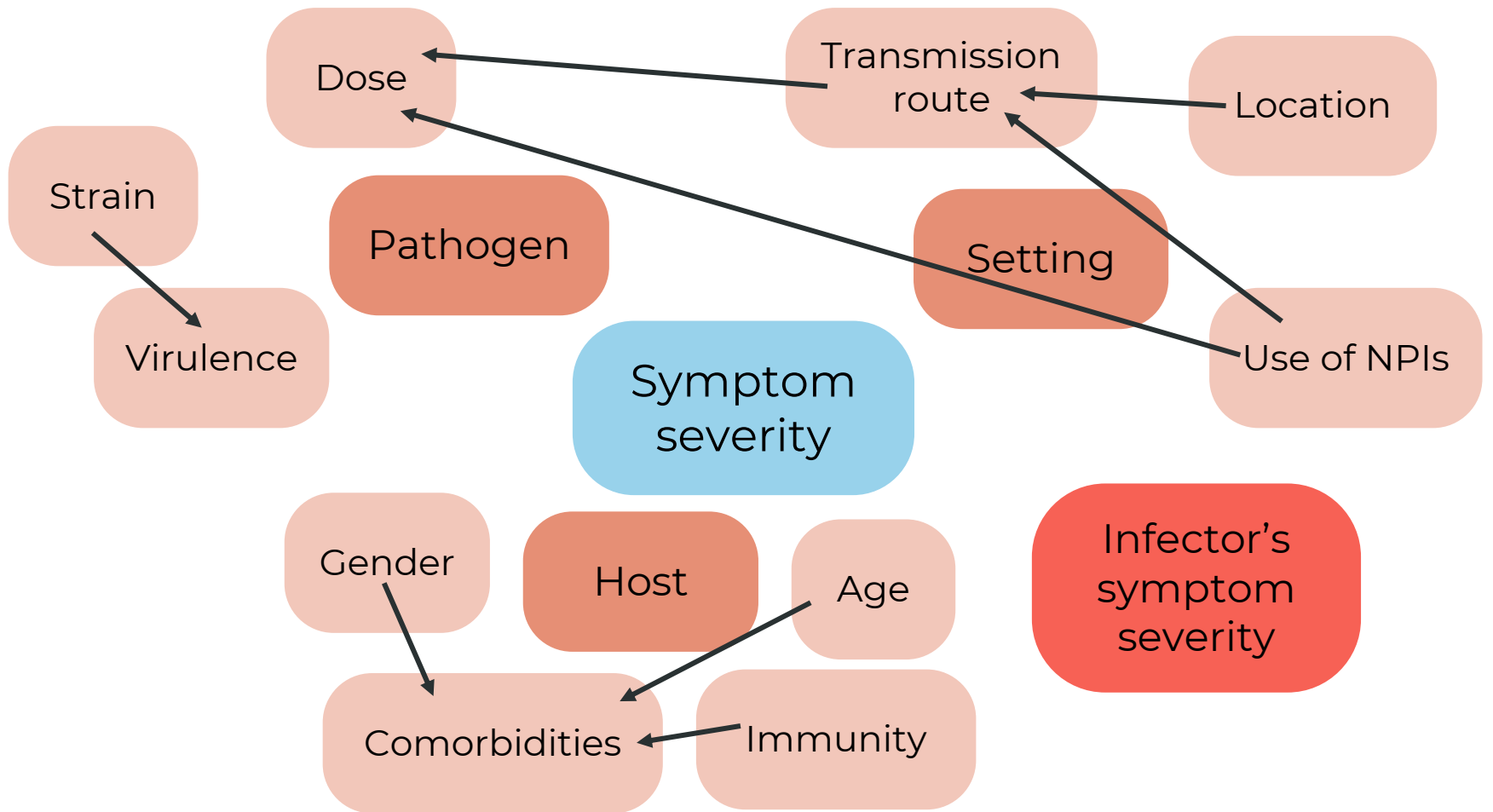
Lead author: Phoebe Asplin (University of Warwick)

Co-supervisors: Matt Keeling (University of Warwick), Rebecca Mancy
(University of Glasgow)

External partners: Tom Finnie (UKHSA), Fergus Cumming (FCDO)

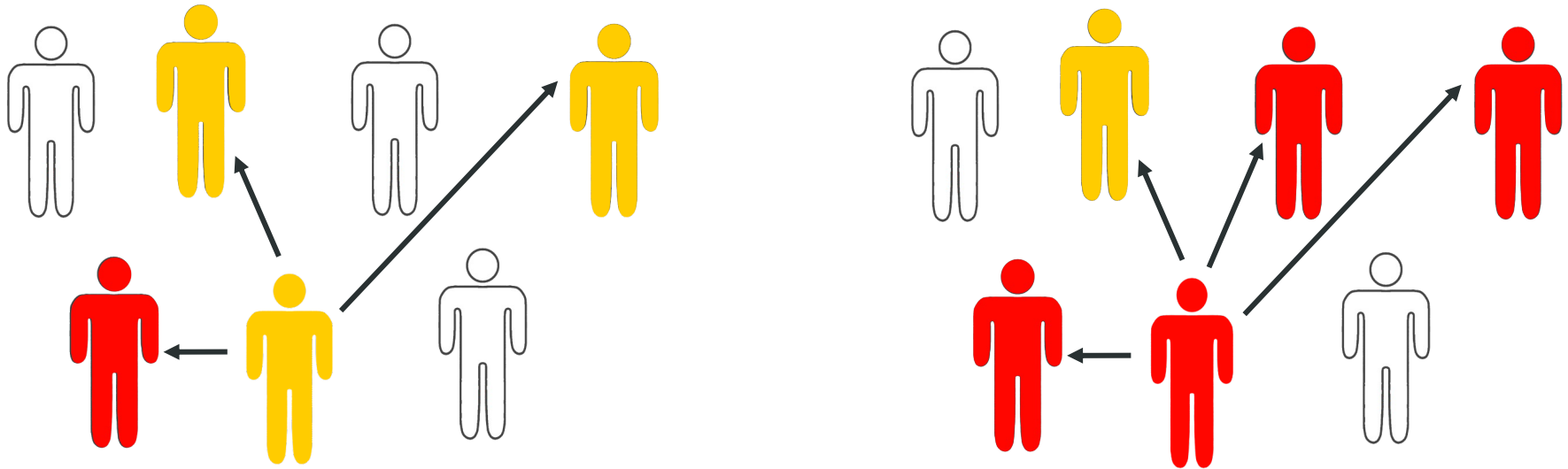




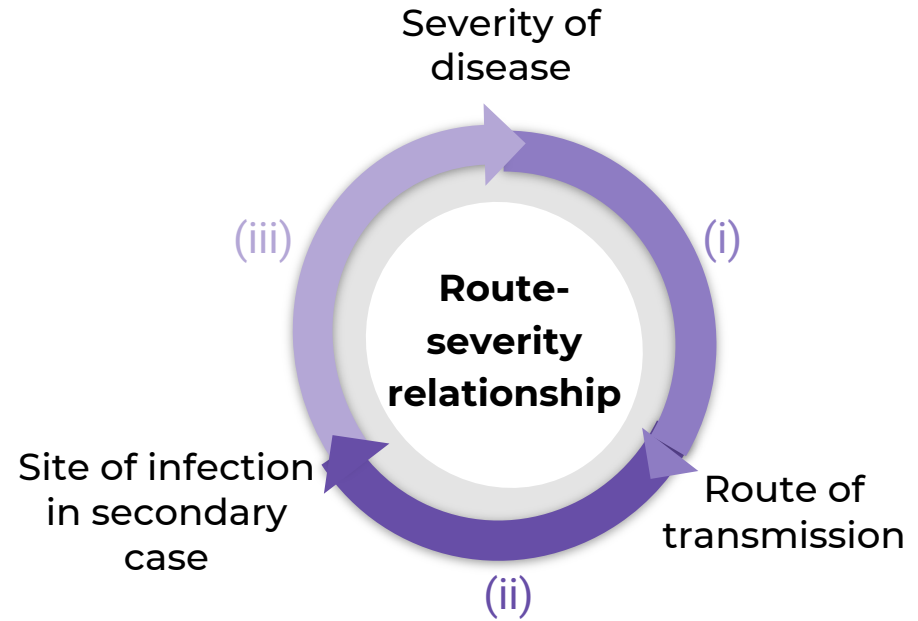
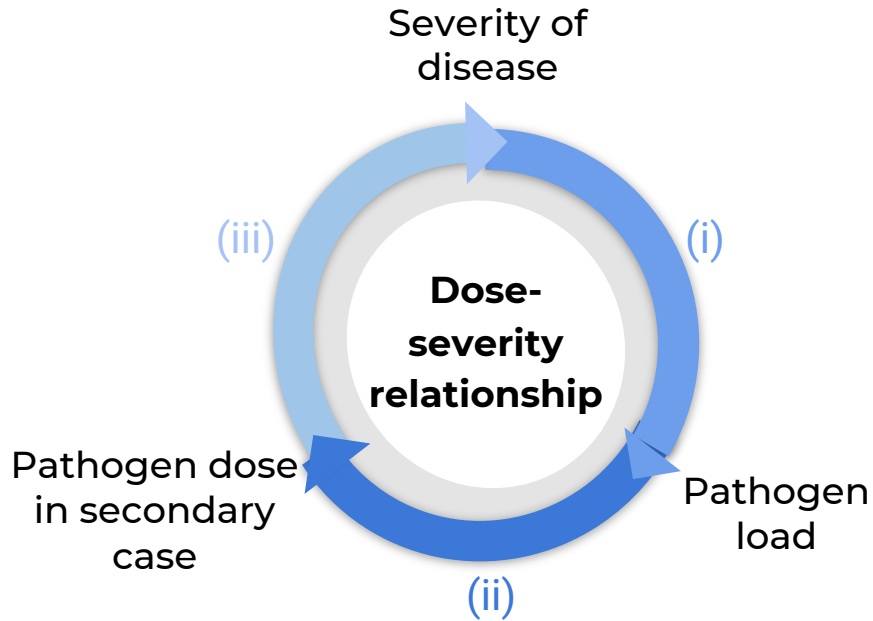


What is symptom propagation?

Symptom propagation occurs when the symptom set of an infected individual depends on the symptom set of the individual from which they acquired infection



Biological background



Study aims



Modelling paper



Literature review

1. Pathogens with symptom propagation traits

What is the evidence (supporting and non-supporting) for different pathogens infecting via the respiratory tract for the presence of symptom propagation mechanisms?

2. Modelling symptom propagation

How can we include symptom propagation in models of infectious disease transmission?

3. Modelling interventions

How does symptom propagation affect isolation & vaccination strategies?

1. Pathogens with symptom propagation traits

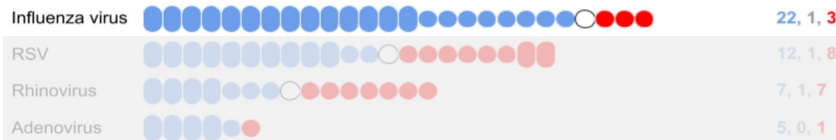
What is the evidence (supporting and non-supporting) for different pathogens infecting via the respiratory tract for the presence of symptom propagation mechanisms?

Dose-severity relationships

Coronaviruses



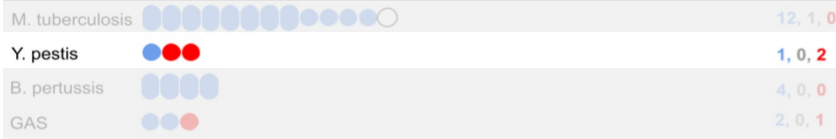
Viruses that cause influenza-like illness



Viruses that cause pox-like illness

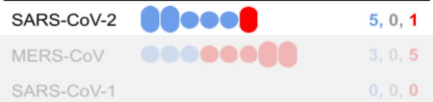


Bacteria

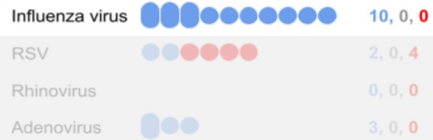


Route-severity relationships

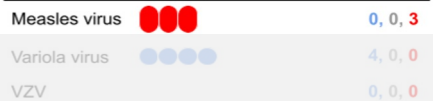
Coronaviruses



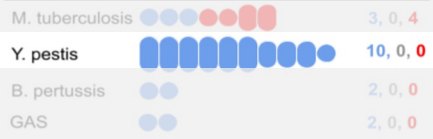
Viruses that cause influenza-like illness



Viruses that cause pox-like illness



Bacteria



Literature review

Dose-severity relationships for Influenza



OPEN ACCESS PEER-REVIEWED
RESEARCH ARTICLE

Clinical correlation of influenza and respiratory syncytial virus load measured by digital PCR

Diego R. Hijano , Jessica Brazelton de Cardenas , Gabriela Maron, Cheryl D. Garner, Jose A. Ferrolino, Ronald H. Dallas, Zhengming Gu, Randall T. Hayden

Published: September 3, 2019 • <https://doi.org/10.1371/journal.pone.0220908>

Dose-severity relationships for Influenza



 OPEN ACCESS  PEER-REVIEWED

RESEARCH ARTICLE

Exhaled Aerosol Transmission of Pandemic and Seasonal H1N1 Influenza Viruses in the Ferret

Frederick Koster , Kristine Gouveia, Yue Zhou, Kristin Lowery, Robert Russell, Heather MacInnes, Zemmie Pollock, R. Colby Layton, Jennifer Cromwell, Denise Toleno, John Pyle, Michael Zubelewicz, Kevin Harrod, [...], Yung-Sung Cheng
[view all]

Published: April 3, 2012 • <https://doi.org/10.1371/journal.pone.0033118>

Dose-severity relationships for Influenza



RESEARCH ARTICLE | BIOLOGICAL SCIENCES |

[f](#) [t](#) [in](#) [e](#)

Infectious virus in exhaled breath of symptomatic seasonal influenza cases from a college community

Jing Yan, Michael Grantham, Jovan Pantelic, , and EMIT Consortium [Authors Info & Affiliations](#)

Edited by Peter Palese, Icahn School of Medicine at Mount Sinai, New York, NY, and approved December 15, 2017 (received for review September 19, 2017)

January 18, 2018 | 115 (5) 1081-1086 | <https://doi.org/10.1073/pnas.1716561115>

Dose-severity relationships for Influenza



Literature review



JOURNAL ARTICLE

A Dose-finding Study of a Wild-type Influenza A(H3N2) Virus in a Healthy Volunteer Human Challenge Model ^{FREE}

Alison Han ✉, Lindsay M Czajkowski, Amanda Donaldson, Holly Ann Baus, Susan M Reed, Rani S Athota, Tyler Bristol, Luz Angela Rosas, Adriana Cervantes-Medina, Jeffery K Taubenberger ... [Show more](#)

Clinical Infectious Diseases, Volume 69, Issue 12, 15 December 2019, Pages 2082–2090,
<https://doi.org/10.1093/cid/ciz141>

Published: 16 February 2019 **Article history** ▼



Literature review

Route-severity relationships for Influenza



JOURNAL ARTICLE

Exposure to Influenza Virus Aerosols During Routine Patient Care ^{FREE}

Werner E. Bischoff , Katrina Swett, Iris Leng, Timothy R. Peters [Author Notes](#)

The Journal of Infectious Diseases, Volume 207, Issue 7, 1 April 2013, Pages 1037–1046,
<https://doi.org/10.1093/infdis/jis773>

Published: 30 January 2013 [Article history](#) ▾

Route-severity relationships for Influenza



Literature review



Restricted access | Research article | First published July 1966

Human Influenza Resulting from Aerosol Inhalation

[Robert H. Alford](#), [Julius A. Kasel](#), [Peter J. Gerone](#), and [Vernon Knight](#)  [View all authors and affiliations](#)

[Volume 122, Issue 3](#) | <https://doi.org/10.3181/00379727-122-31255>










Dose-severity relationships for SARS-CoV-2



Literature review



On the SARS-CoV-2 “Variolation Hypothesis”: No Association Between Viral Load of Index Cases and COVID-19 Severity of Secondary Cases

-  Mattia Trunfio^{1*}
-  Bianca Maria Longo¹
-  Francesca Alladio¹
-  Francesco Venuti¹
-  Francesco Cerutti²
-  Valeria Ghisetti²
-  Stefano Bonora¹
-  Giovanni Di Perri¹
-  Andrea Calcagno¹

Route-severity relationships for SARS-CoV-2





Literature review



Articles

Viral emissions into the air and environment after SARS-CoV-2 human challenge: a phase 1, open label, first-in-human study

[Jie Zhou PhD^a †](#), [Anika Singanayagam PhD^b †](#), [Niluka Goonawardane PhD^a](#), [Maya Moshe MSc^a](#), [Fiachra P Sweeney MSc^a](#), [Ksenia Sukhova MSc^a](#), [Ben Killingley MD^d](#), [Mariya Kalinova MD^e](#), [Alex J Mann MSc^e](#), [Andrew P Catchpole DPhil^e](#), [Prof Michael R Barer PhD^f](#), [Prof Neil M Ferguson DPhil^c](#), [Prof Christopher Chiu PhD^b](#), [Prof Wendy S Barclay PhD^a](#)  

Scoping literature review: Conclusions



Literature review

- The **relationship between severity, LRT infection and aerosol transmission** provide support for the idea that both mechanisms of symptom propagation can act for some pathogens (e.g. influenza).
- Symptom propagation is highly **pathogen specific**.
- Further studies **investigating LRT viral load** would be helpful to confirm the role of dose-severity relationships with LRT involvement.
- Work required to **quantify the epidemiological impact** of symptom propagation and its strength.

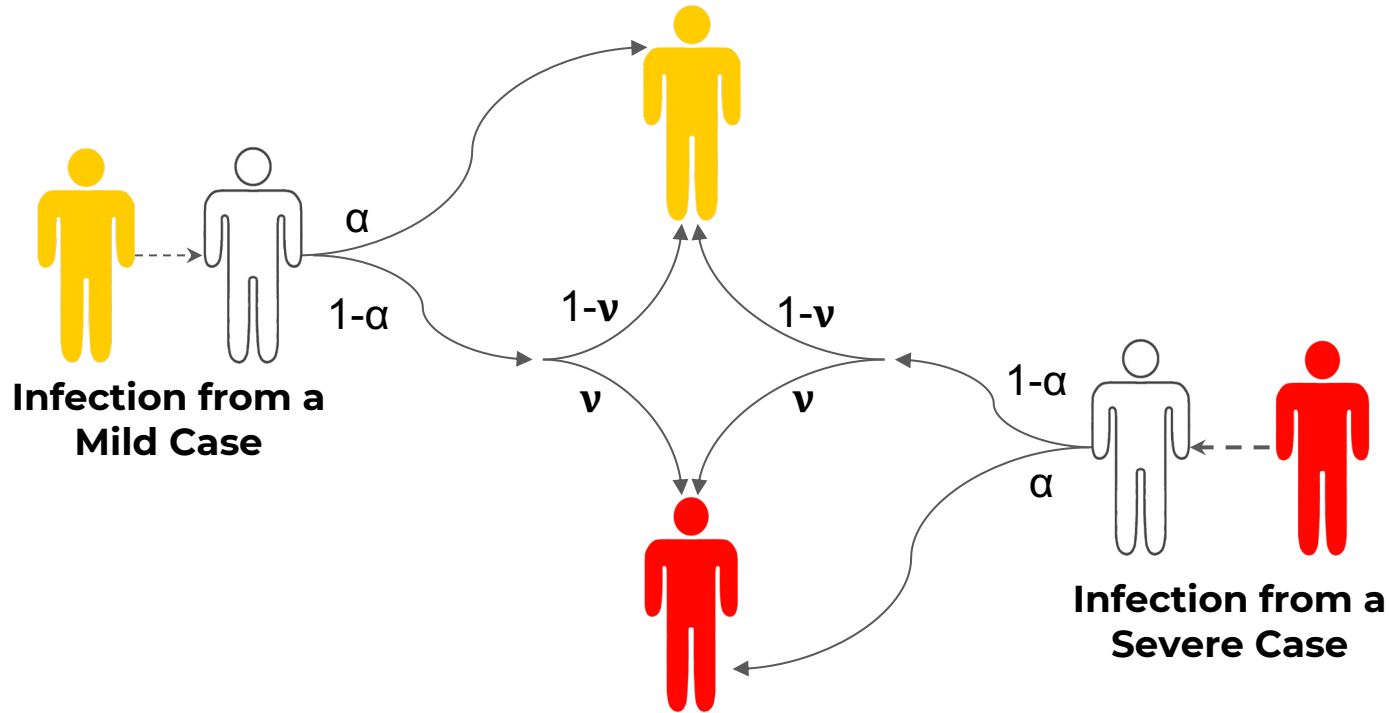
2. Modelling symptom propagation

How can we include symptom propagation in models of infectious disease transmission?

Modelling symptom propagation



Modelling paper



Model equations



Modelling paper

$$S \quad \left[\begin{array}{l} \frac{dS}{dt} = -\lambda_M S - \lambda_S S \end{array} \right.$$

$$E \quad \left[\begin{array}{l} \frac{dE_M}{dt} = (\alpha + (1 - \alpha)(1 - \nu))\lambda_M S + (1 - \alpha)(1 - \nu)\lambda_S S - \epsilon E_M \\ \frac{dE_S}{dt} = (1 - \alpha)\nu\lambda_M S + (\alpha + (1 - \alpha)\nu)\lambda_S S - \epsilon E_S \end{array} \right.$$

$$I \quad \left[\begin{array}{l} \frac{dI_M}{dt} = \epsilon E_M - \gamma_M I_M \\ \frac{dI_S}{dt} = \epsilon E_S - \gamma_S I_S \end{array} \right.$$

$$R \quad \left[\begin{array}{l} \frac{dR_M}{dt} = \gamma_M I_M \\ \frac{dR_S}{dt} = \gamma_S I_S \end{array} \right.$$

$$\lambda_M = \frac{\beta_M I_M}{N}$$

$$\lambda_S = \frac{\beta_S I_S}{N}$$

Expectations about epidemiological impacts

- 01 Larger proportion of infections should be severe
- 02 Potential to under- or overestimate intervention effectiveness
- 03 Could mean that we choose the wrong intervention strategy

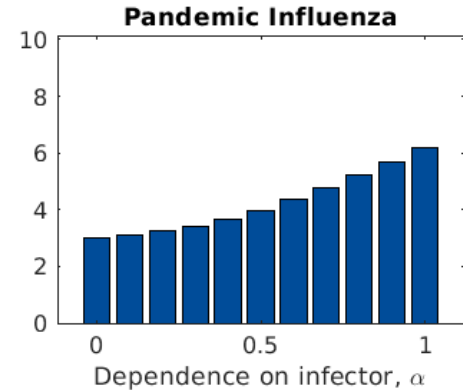
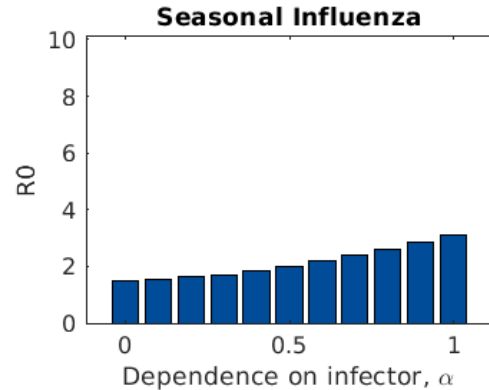
R_0 analysis



Modelling paper

- We consider two disease parameterisations:
seasonal influenza ($R_0 = 1.5$ when $\alpha = 0$); pandemic influenza ($R_0 = 3.0$).

Since R_0 increases with α , these parameterisations are not realistic for stronger symptom propagation.



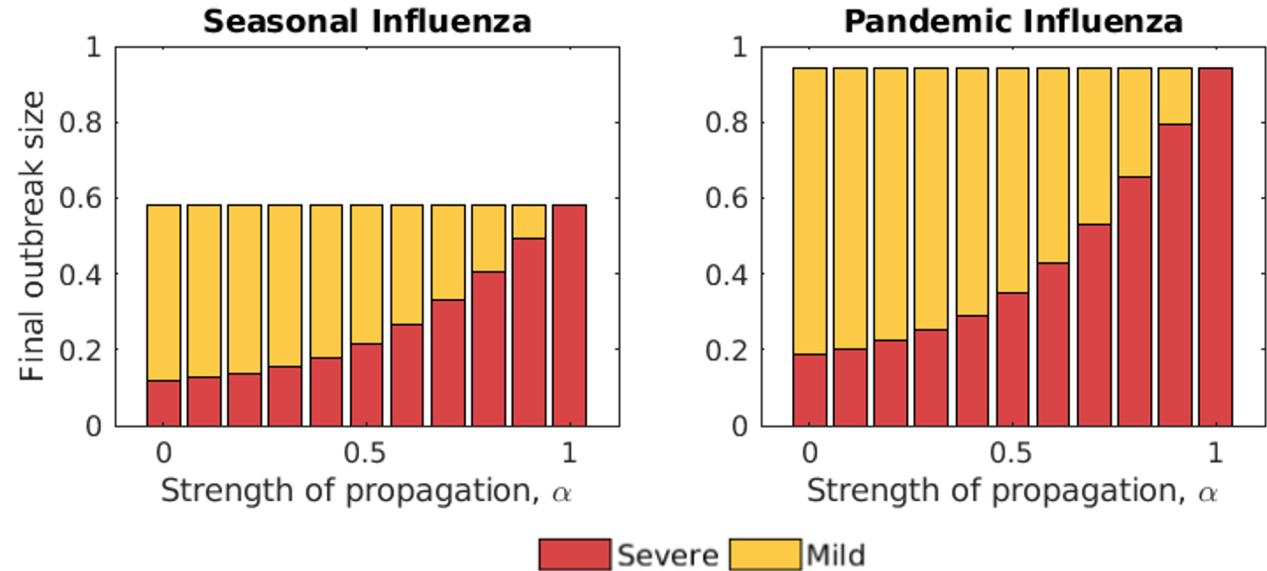
Final outbreak size



Modelling paper

When we fix R_0 the final outbreak size is constant across values of α .

The proportion of cases that are severe also increases.



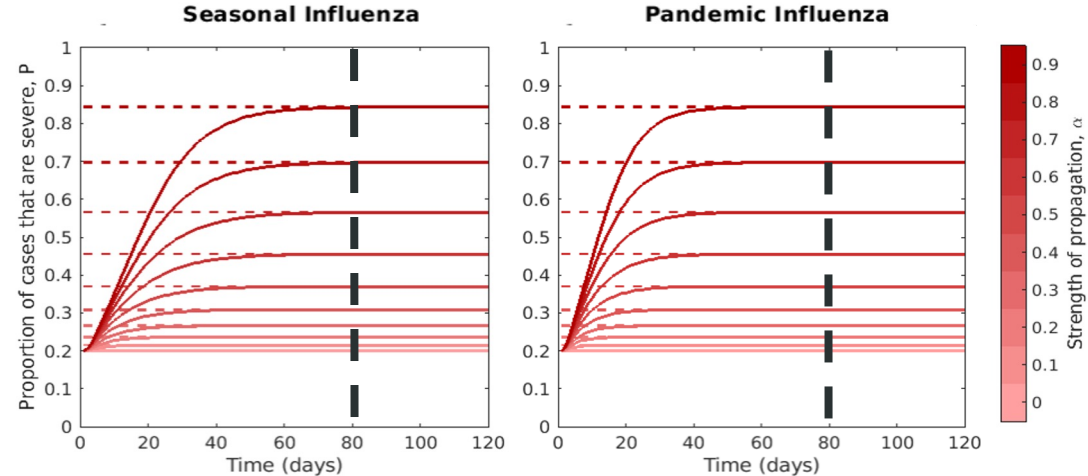
The proportion of cases that are severe, P



Modelling paper

- If $\gamma_S = \gamma_M$, then the proportion of cases that are severe tends to a fixed value (shown by the red dashed lines).

P reaches the fixed value within 80 days for all strengths of symptom propagation.



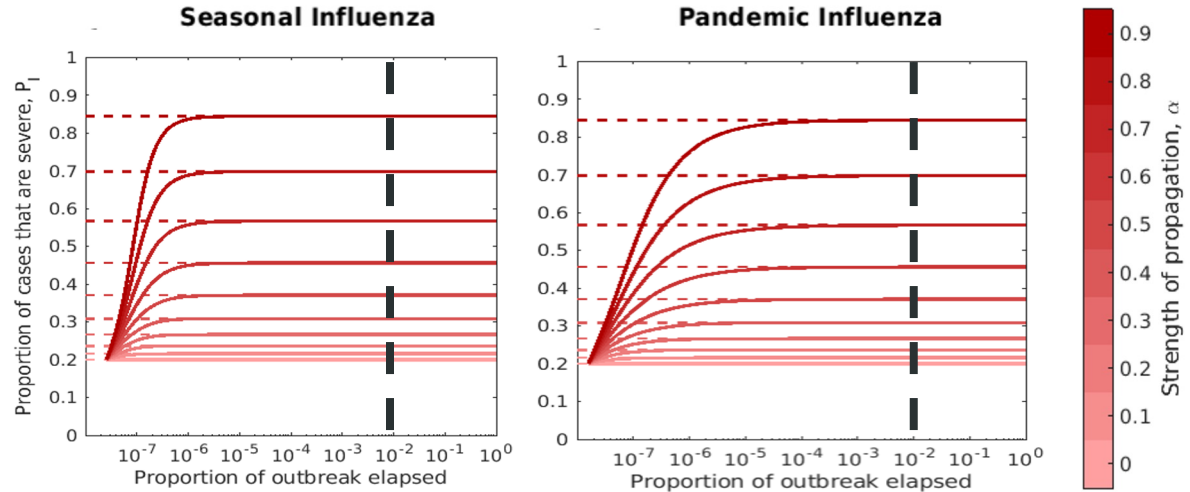
The proportion of cases that are severe, P



Modelling paper

- If $\gamma_S = \gamma_M$, then the proportion of cases that are severe tends to a fixed value (shown by the red dashed lines).

P reaches the fixed value by the time 1% of cases have occurred for all strengths of symptom propagation.



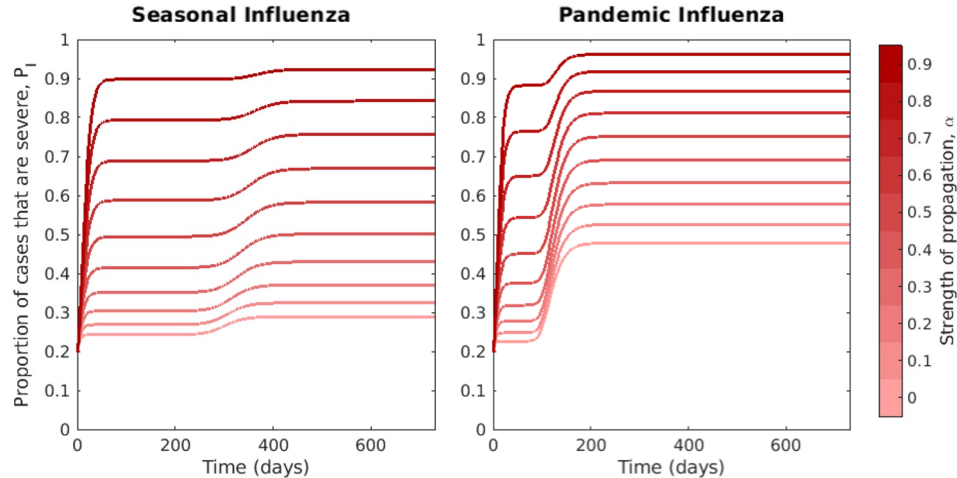
The proportion of cases that are severe, P



Modelling paper

- If $\gamma_S \neq \gamma_M$, then the proportion of cases that are severe varies over time.

P reaches a plateau in the early stages of the outbreak and then increases to a higher plateau in the late stages.



3. Modelling interventions

How does symptom propagation affect isolation strategies?

Isolation scenarios



Literature review

We compared between two isolation strategies:

1. Isolating **mild AND severely infected** individuals
2. Isolating **only severely infected** individuals

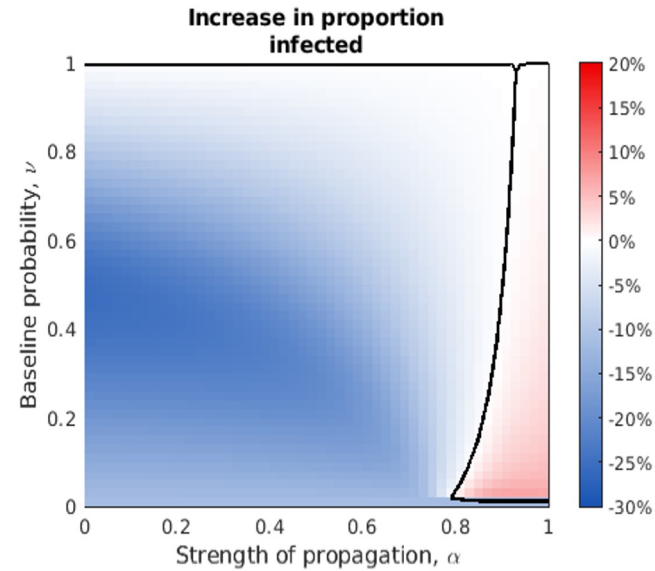
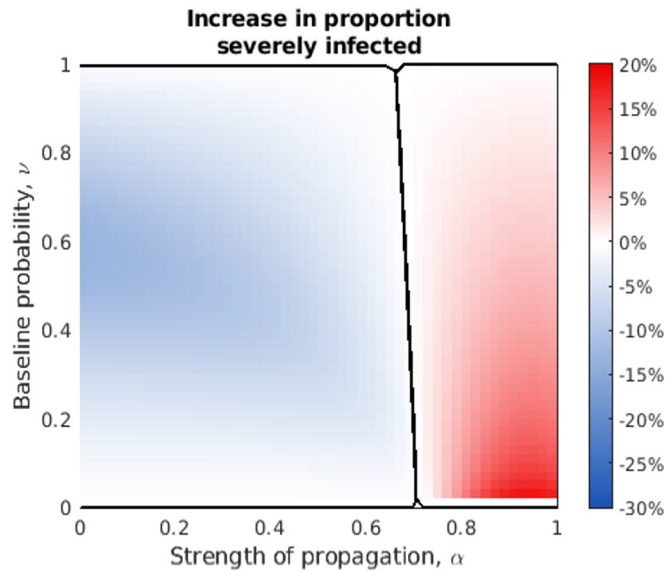
For each strategy, the probability of an infected individual eligible for isolation being successfully isolated was **0.5**.

Isolation case-study



Literature review

- **Red** regions: isolating mild+severe cases leads to an overall increase in case numbers



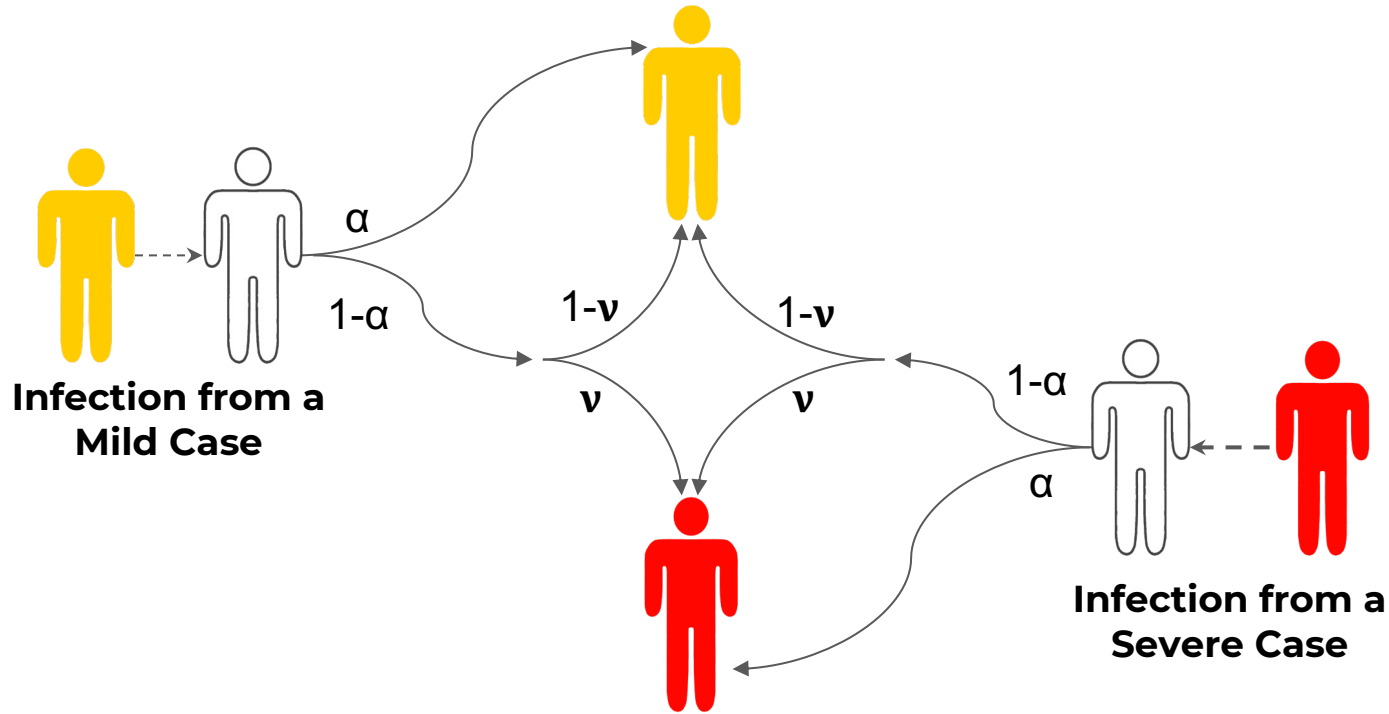
3. Modelling interventions

How does symptom propagation affect the effectiveness of vaccination strategies?

Modelling symptom propagation



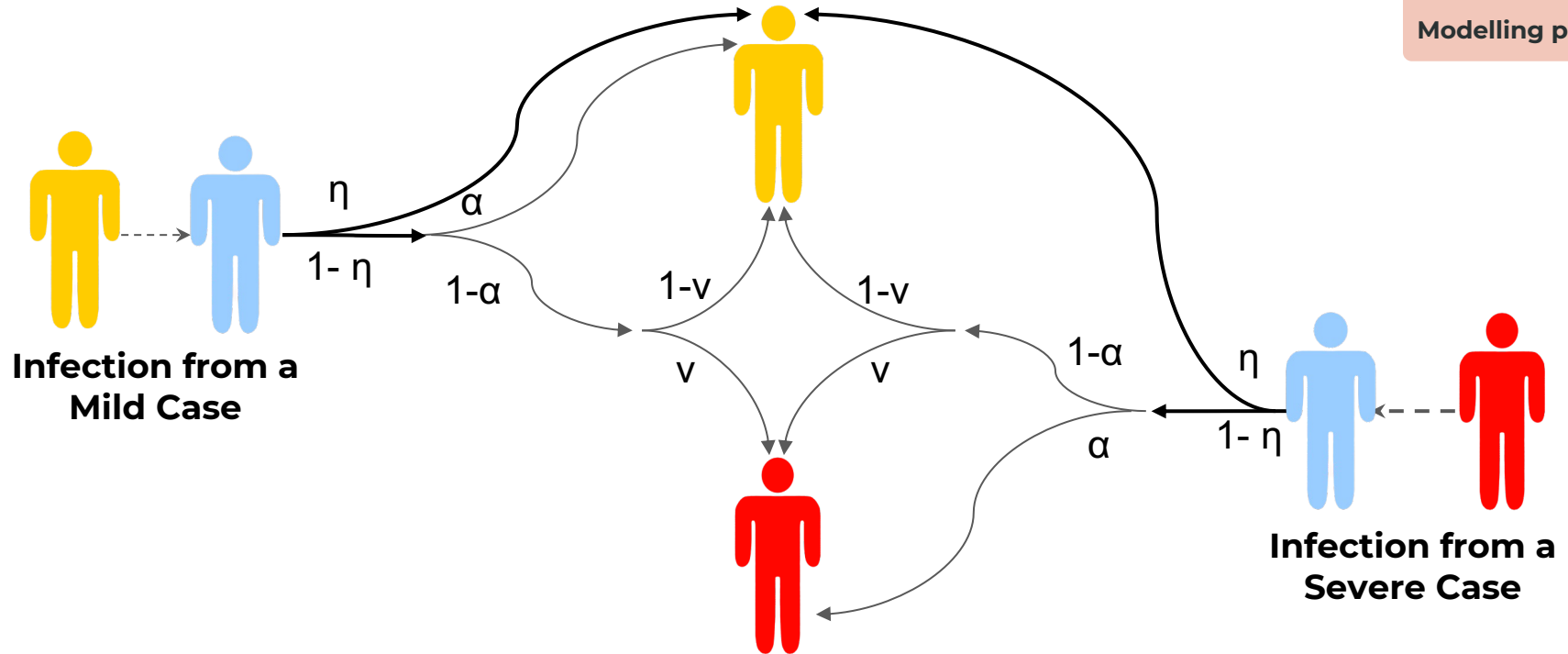
Modelling paper



Symptom-attenuating vaccine (SA)



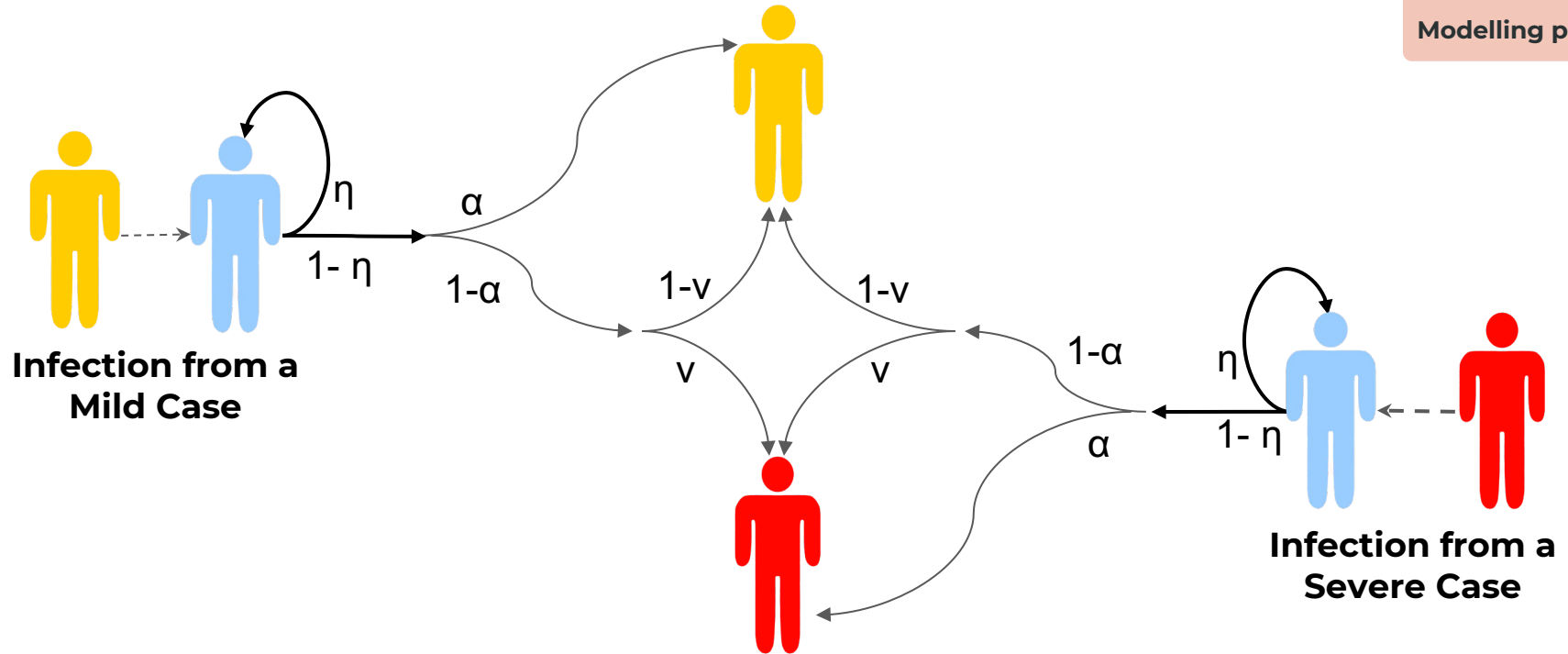
Modelling paper



Infection-blocking vaccine (IB)



Modelling paper



Exploring the effect of varying α on the proportion of the population infected

Modelling
paper

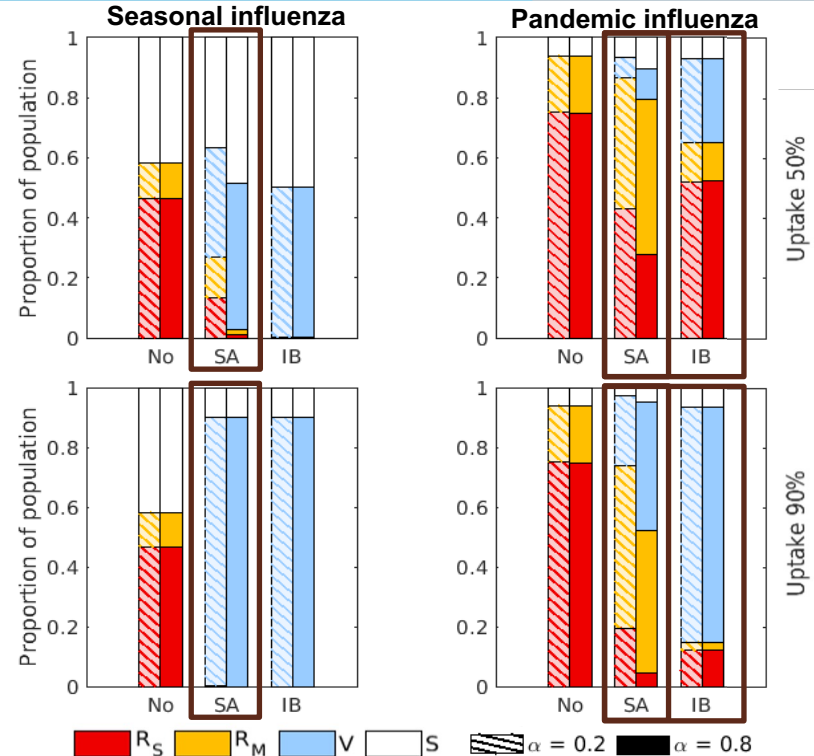


Final proportion of the population in each disease status compartment for α : 0.2 (hashed) and 0.8 (solid)

SA vaccines are more effective when symptom propagation is stronger.

For pandemic influenza and high uptake, which of SA and IB is more effective at reducing severe cases depends on α .

Which intervention is preferable can depend on whether you care about reducing all cases or only severe cases.



Symptom-attenuating versus infection-blocking vaccines

Modelling
paper

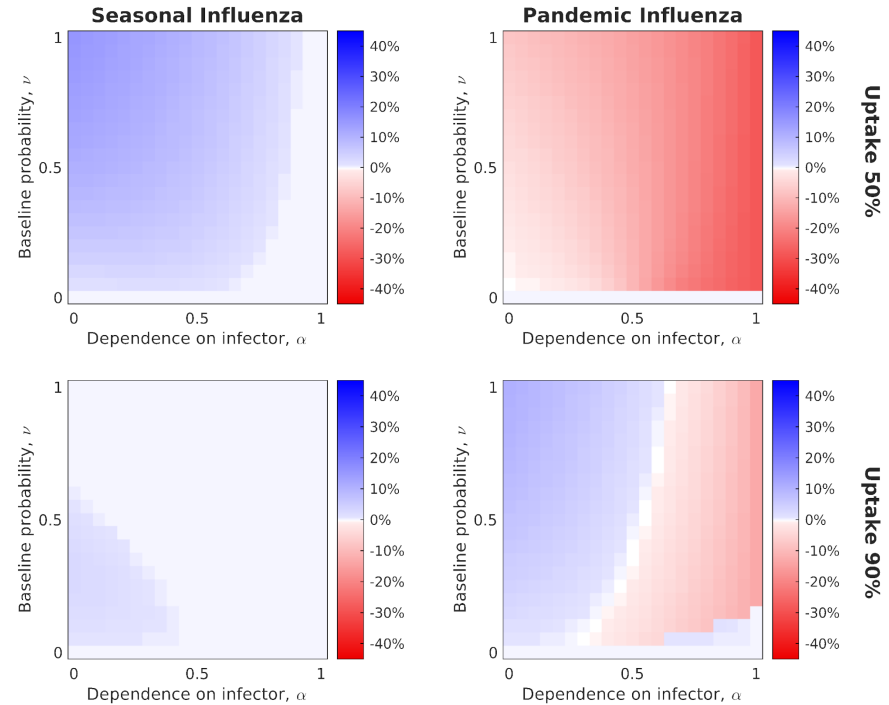


Blue regions denote parameter values for which IB vaccines are more impactful (in reducing severe cases).

Red regions denote parameter values for which SA vaccines are more impactful (in reducing severe cases).

For low uptake (top row), which vaccine is more effective only depends on the disease parameterisation.

For high uptake and pandemic influenza, which vaccine is more effective depends on α .



Modelling study: Conclusions



Modelling paper

- Modelling shows that symptom propagation can affect **epidemiological outcomes**:
 - The total number of cases
 - The proportion of cases that are severe
- Under strong symptom propagation, interventions that **reduce symptom severity** are **more effective** at reducing total and severe cases.
- The **strength of symptom propagation** has the potential to determine the most effective **intervention type**.

Future work

Future work will be increasingly **computational** and will focus on:

- **Parameter inference:** Inferring the value of α from data to quantify the extent of symptom propagation.
 - Synthetic data studies
 - Real-world application to individual-level data for SARS-CoV-2
- **Structured populations:** Epidemiological modelling to investigate
 - e.g. implications of clustering of severe cases
 - e.g. stochastic simulations on a network

Acknowledgements

Lead author: Phoebe Asplin
(University of Warwick)

My co-supervisors: Matt Keeling
(University of Warwick), Rebecca
Mancy (University of Glasgow)

External partners: Tom Finnie
(UKHSA) & Fergus Cumming (FCDO).



Literature review



Modelling paper

This research was supported by the
Engineering and Physical Sciences Research
Council through the MathSys CDT.

INTERFACE

royalsocietypublishing.org/journal/rsif



Review



Cite this article: Asplin P, Mancy R, Finnie T, Cumming F, Keeling MJ, Hill EM. 2024

Symptom propagation in respiratory pathogens of public health concern: a review of the evidence. *J. R. Soc. Interface* 21: 20240009. <https://doi.org/10.1098/rsif.2024.0009>

Symptom propagation in respiratory pathogens of public health concern: a review of the evidence

Phoebe Asplin^{1,2,3}, Rebecca Mancy^{5,6}, Thomas Finnie⁷, Fergus Cumming⁸,
Matt J. Keeling^{2,3,4} and Edward M. Hill^{2,3}

¹EPSRC & MRC Centre for Doctoral Training in Mathematics for Real-World Systems, ²Mathematics Institute, and ³The Zeeman Institute for Systems Biology & Infectious Disease Epidemiology Research, University of Warwick, Coventry, UK
⁴School of Life Sciences, ⁵School of Biodiversity, One Health and Veterinary Medicine, and ⁶MRC/CSO Social and Public Health Sciences Unit, University of Glasgow, Glasgow, UK
⁷Data, Analytics and Surveillance, UK Health Security Agency, London, UK
⁸Foreign, Commonwealth and Development Office, London, UK

PLOS COMPUTATIONAL BIOLOGY

RESEARCH ARTICLE

Epidemiological and health economic implications of symptom propagation in respiratory pathogens: A mathematical modelling investigation

Phoebe Asplin^{1,2,3*}, Matt J. Keeling^{2,3,4}, Rebecca Mancy^{5,6}, Edward M. Hill^{2,3*}

¹ EPSRC & MRC Centre for Doctoral Training in Mathematics for Real-World Systems, University of Warwick, Coventry, United Kingdom, ² Mathematics Institute, University of Warwick, Coventry, United Kingdom, ³ The Zeeman Institute for Systems Biology & Infectious Disease Epidemiology Research, University of Warwick, Coventry, United Kingdom, ⁴ School of Life Sciences, University of Warwick, Coventry, United Kingdom, ⁵ School of Biodiversity, One Health and Veterinary Medicine, University of Glasgow, Glasgow, United Kingdom, ⁶ MRC/CSO Social and Public Health Sciences Unit, University of Glasgow, Glasgow, United Kingdom

* P.Asplin@warwick.ac.uk (PA); Edward.Hill@warwick.ac.uk (EMH)



Engineering and
Physical Sciences
Research Council